

# Contour<sup>®</sup> next link<sup>™</sup>

Wireless Blood Glucose Monitoring System



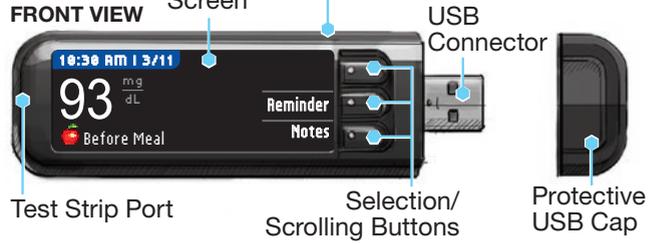
Uses only CONTOUR<sup>®</sup>NEXT Blood Glucose Test Strips

NO CODING<sup>®</sup>

ASCENSIA Diabetes Care

Medtronic

## QUICK REFERENCE GUIDE



**Note: Check the units of measure of your meter. See your meter user guide for complete instructions.**

For a full list of important warnings and limitations of your system, please see the INDICATIONS FOR USE, IMPORTANT SAFETY INFORMATION, WARNINGS and PRECAUTIONS in your CONTOUR<sup>®</sup>NEXT LINK meter user guide.

## Initial Setup of the Meter and Connection to Compatible MiniMed<sup>®</sup> Insulin Pump

### Charging the Meter

- Remove the USB cap to reveal the USB connector.** The CONTOUR<sup>®</sup>NEXT LINK meter has a permanent rechargeable battery. **Before you do anything else**, charge your meter with the wall charger included with your kit or by plugging the USB connector into a computer. Be sure the computer is turned on. Your meter will briefly display "Do Not Test—Charging" and the test strip port light will flash. **You cannot do a blood glucose test while the battery is charging.** When charging is finished, the test strip port light will turn off. Unplug your CONTOUR NEXT LINK meter to test.



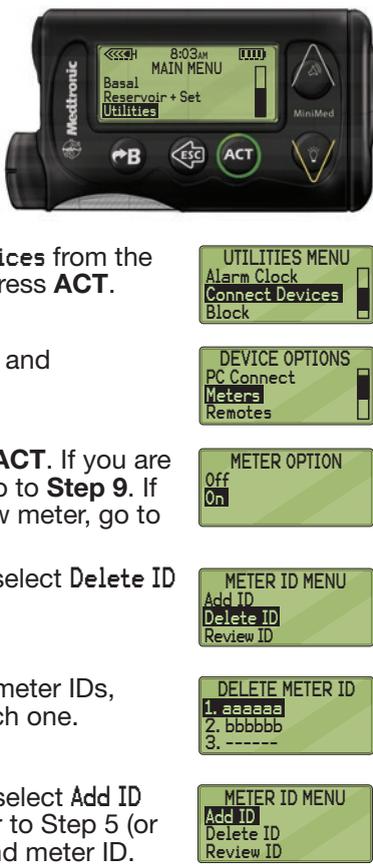
### Setting Up the Meter

- To begin setup, hold down Menu button for several seconds until the meter turns on.
- Choose your language and press **OK**.
- Press **OK** on the next screen to begin the connection process. **NOTE:** Pump refers to your compatible MiniMed Insulin Pump.
- STOP. Do NOT press ANY buttons.** This screen displays the meter ID number (in the bottom left corner). This ID is needed to complete the connection process. Put down your meter. Pick up the compatible MiniMed Insulin Pump and continue with Step 6.

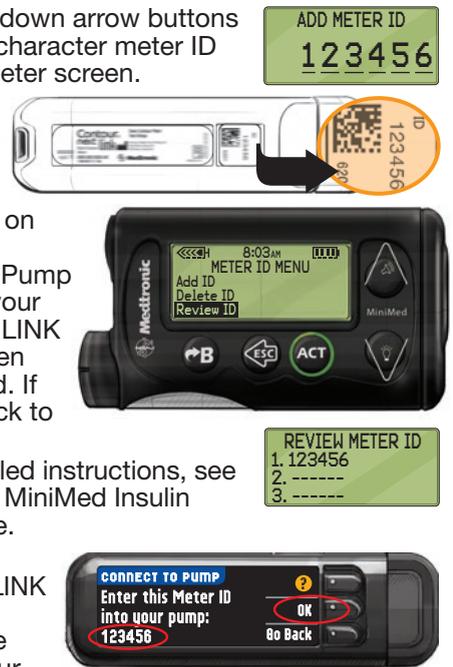


### Connecting Meter to Compatible MiniMed Insulin Pump

- Press **ACT** to go to the MAIN MENU. Scroll to Utilities by pressing the down arrow. Press **ACT**.
- Scroll to Connect Devices from the UTILITIES MENU and press **ACT**. Then scroll to Meters and press **ACT**.
- Select On and press **ACT**. If you are replacing a meter, go to Step 9. If you are adding a new meter, go to Step 11.
- If replacing a meter, select Delete ID and press **ACT**.
- If you have multiple meter IDs, repeat Step 9 for each one.
- To add a new meter, select Add ID and press **ACT**. Refer to Step 5 (see meter back) to find meter ID.



- Use the up and down arrow buttons to enter the six character meter ID shown on the meter screen. Press **ACT** after each character entry.
- Select Review ID on your compatible MiniMed Insulin Pump to confirm that your CONTOUR<sup>®</sup>NEXT LINK meter ID has been correctly entered. If incorrect, go back to Step 9. **NOTE:** For detailed instructions, see your compatible MiniMed Insulin Pump user guide.
- Return to your CONTOUR NEXT LINK meter. After you have entered the meter ID into your compatible MiniMed Insulin Pump, press **OK**.



### Choosing Meter Send Options

- SEND OPTIONS** controls how your meter will send blood glucose readings to your compatible MiniMed Insulin Pump. Choose the **SEND OPTION** that is best for you. **Always** = Meter will always send results. **Ask Me** = Meter will ask you before sending results. **Never** = Meter will never send results.



### Set Meter Date/Time to Match MiniMed Pump

- The date and time on your meter must match the date and time on your MiniMed Pump. Pick up MiniMed Pump. Press **ACT** to go to the MAIN MENU. Scroll to Utilities and press **ACT**. Scroll to Time/Date and press **ACT**. Select a time format and press **ACT**. Note the time and date. Return to your meter. Follow instructions on your meter to change the time and date to match your compatible MiniMed Insulin Pump.



### Additional Meter Settings

- Choose your AUTOLOG settings. AUTOLOG allows you to mark a test as **Before Meal**, **After Meal** or **No Mark**.
- The meter comes preset with the default blood glucose target ranges as shown. **Accept** the default blood glucose target ranges or **Change** them after talking to your health care professional.
- Follow the display prompts to set your meter **High and Low Limits**. Choose **Accept** to use the default setting (250 mg/dL for the meter high limit and 70 mg/dL for the meter low limit). Choose **Change** if you wish to use different limits.



**NOTE: High and Low Limits can only be set outside your selected Target range(s). Targets can only be set inside your selected High and Low Limit(s). For additional information, you may contact Customer Service at 800-348-8100, available Monday through Sunday, 8:00 am through 12:00 Midnight, Eastern Time.**

**SETUP IS NOW COMPLETE!**

## Materials for Testing



CONTOUR®NEXT Test Strip



Lancing Device



Lancet



CONTOUR®NEXT LINK Blood Glucose Meter

### WARNING:

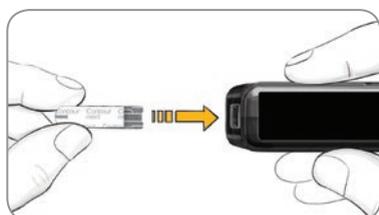
- The meter, lancing device and lancets are for single patient use. Do not share them with anyone including other family members. Do not use on multiple persons.<sup>1,2</sup>
- All parts of the kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection.
- Always wash your hands well with soap and water and dry them well before and after testing, handling the meter, lancing device, or test strips.

For complete instructions on cleaning and disinfecting your meter and lancing device, please see your meter user guide.

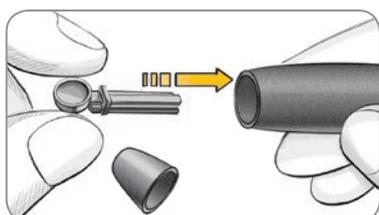
## Testing Your Blood

### Obtaining the Blood Drop

- 1** Insert test strip and wait for **APPLY BLOOD** message.

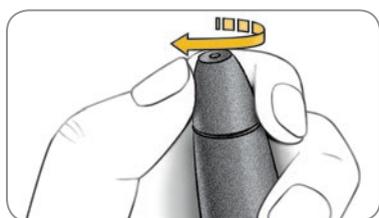


- 2** Remove lancing device endcap. Insert the lancet into lancing device and twist off protective cap.

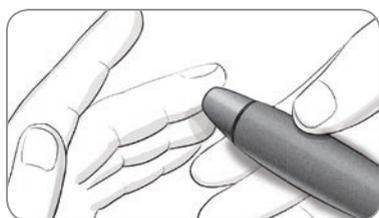


The lancing device graphics are for illustration purposes only. Your lancing device may look different. Refer to your lancing device insert for detailed instructions on preparing the lancing device.

- 3** Re-cap and dial to desired lancing depth.



- 4** Obtain your blood drop.



### Testing the Blood Drop

- 5** Touch the tip of the test strip to the drop of blood. If the first blood drop is not enough, the meter will beep twice and display **STRIP UNDERFILLED**. You have about 30 seconds to apply more blood to the same strip.



- 6** If **AUTOLOG** is on, you can choose to record your result as: **Before Meal**, **After Meal** or **No Mark** for the test result.



### References

- <sup>1</sup> US Food and Drug Administration. Use of fingerstick devices on more than one person poses risk for transmitting bloodborne pathogens: initial communication. US Department of Health and Human Services; update 11/29/2010. <http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/ucm224025.htm>
- <sup>2</sup> Centers for Disease Control and Prevention. CDC clinical reminder: use of fingerstick devices on more than one person poses risk for transmitting bloodborne pathogens. US Department of Health and Human Services; 8/23/2010. <http://www.cdc.gov/injectionsafety/Fingerstick-DevicesBGM.html>

### Sending Results to Your Compatible MiniMed Insulin Pump

- 7** If **Ask Me** or **Always** was selected in **Send Options** during **Setup**, results can be sent to your compatible MiniMed Insulin Pump. Press **OK** to move to the next screen.



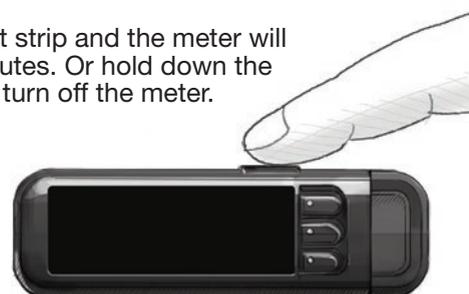
### Reminder and Notes

- 8** Select **Reminder** to set a reminder for your next test. Select **Notes** to add more information to the result. Remove test strip.



### Turn Meter Off

- 9** Remove the test strip and the meter will turn off in 3 minutes. Or hold down the Menu button to turn off the meter.



See your CONTOUR NEXT LINK user guide, lancing device insert and compatible MiniMed Insulin Pump user guide for full instructions.

Call **800-348-8100** (available Monday through Sunday, 8:00 am through 12:00 Midnight, Eastern Time) with any questions

or visit [www.diabetes.ascensia.com](http://www.diabetes.ascensia.com)

For information on patents, and related licenses, see:

[www.patents.ascensia.com](http://www.patents.ascensia.com)

For In Vitro Diagnostic Use



Distributed by:  
Ascensia Diabetes Care US Inc.  
5 Wood Hollow Road  
Parsippany, NJ 07054

Ascensia, the Ascensia Diabetes Care logo, Clinilog, Contour, Glucofacts, and the No Coding logo are trademarks and/or registered trademarks of Ascensia Diabetes Care Holdings AG. Bolus Wizard, CareLink, Guardian, MiniMed, Paradigm, and Revel are trademarks and/or registered trademarks of Medtronic MiniMed, Inc.

© 2017 Ascensia Diabetes Care Holdings AG. All rights reserved.

